

KNOW YOUR NUMBERS! FREE BLOOD PRESSURE SCREENINGS

Monitoring your blood pressure is an important part of staying healthy!



Did you know the Chelmsford Board of Health offers FREE blood pressure screenings?

Every 1st Thursday of the month

Drop-in hours 9:00 AM – 12:00 PM

Board of Health Office, Town Hall

Regular blood pressure screenings are important in preventing:

Heart Attacks, Heart Failure, Stroke, Kidney Disease, Vision loss, & Sexual Dysfunction

Chelmsford Board of Health Office

50 Billerica Rd.

978-250-5241