

**Introducing Chelmsford's new
FREE Mental Health Referral Service for
Chelmsford Residents and Employees**

IT'S OKAY TO ASK FOR HELP



Calming the Chaos of
Mental Health Care

We care about your well-being and partnered with Care Solace, a mental health care coordination service, to help you and your family connect to quality care.

At no cost to you, Care Solace will help you confidentially find available mental health and substance use treatment providers matched to your needs and insurance.



24/7/365 MULTILINGUAL SUPPORT

A multilingual team is available 24/7/365 to help you understand options, call providers on your behalf, and schedule an appointment.



CARE REGARDLESS OF INSURANCE

Connect to care with any coverage including Medicaid, Medicare, and sliding scale options for those without insurance.



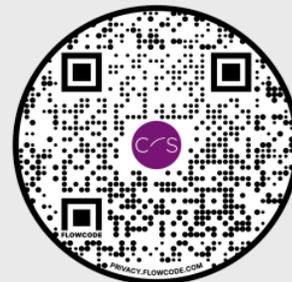
EASY ACCESS TO CARE

Use Care Match, the self-serve website, to find a provider on your own.

CONNECT TO CARE TODAY

888-515-7881

[caresolace.com/
chelmsford-ma](https://caresolace.com/chelmsford-ma)



Please note: Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, call 911 or the National Suicide Prevention Lifeline 1-800-273-8255.