



*The Chelmsford Health Department*

# **CPR Training**

*Thursday, December 5, 2024*

**Presented by:**

**Darcy Beall, RN**

Public Health Nurse

**Taryn Angel**

Health & Wellness Coordinator

**Where:**

Chelmsford Town Hall

50 Billerica Rd., Room LL06

**When:**

Thursday, December 5, 2024

4:00 PM - 8:00 PM

The cost of this training is  
\$20 per person.

Chelmsford Residents Only

Participants who complete this 4-hour training will obtain an American Heart Association Heartsaver® CPR AED First Aid Certificate that is valid for 2 years.

*Training includes:*

- CPR for Adults, Children, and Infants
- Giving Chest Compressions and administering breaths
- Responding to choking
- AED Basics
- Responding to opioid overdoses
- First Aid Basics

*Please call the Chelmsford Health Department at 978-250-5241 or email [dbeall@chelmsfordma.gov](mailto:dbeall@chelmsfordma.gov) to reserve your spot.*

**CLASS IS LIMITED TO 12  
PARTICIPANTS**



**Public Health**  
Prevent. Promote. Protect.